EGD

An esophagogastroduodenoscopy (EGD), which is also known as an upper endoscopy, is a diagnostic procedure that is performed to view the esophagus, stomach, and duodenum (part of the small intestine). In an EGD, the doctor uses a small (smaller than your little finger) endoscope, a flexible, tube-like, instrument with a tiny camera mounted at its tip, to examine images of the upper digestive tract displayed on a monitor in the examination room.

There are special channels in the endoscope that allow for examination and treatment during your EGD. Small instruments may be passed through the tube to treat certain disorders such as bleeding, narrowing (by dilatation) or to perform biopsies (remove small samples of tissue).

As examination will be done of your stomach, it must be empty. **You are to have no solid food after midnight. You may have clear liquids in the morning up until 4 hours prior to your exam then we ask that you only have small sips of water in those 4 hours just before your examination**. Clear liquids for breakfast include anything you can see through (coffee, tea, broth, jello, or clear soda) in the morning. You may take any necessary medications that morning if needed, with water in the early morning with the exception of Carafate, antacids or iron, unless otherwise directed.

You will be given sedation for your EGD and will **need to have a friend or family member to drive you home** from the procedure. Since 2001 endoscopy in the Lewis Clark Valley has been done with propofol administered by the gastroenterologist. Propofol is an anesthesia induction medication. Plan on being at the procedure for 2-3 hours, depending on your procedure and recovery

You have been scheduled: _____**Check in at** _____

 Tri-State Day Surgery/GI Clinic 1221 Highland Clarkston WA 99403   (509) 758-4676

We will see you in the office after your procedure to go over the results.

Follow up in the office 625 6th Street Clarkston WA (509) 758-2200 _____ at _____

If you have any questions about your procedure please call the office **509-758-2200**